

CHANGING ROLES: Doctor Ayman Shenouda at his Fernleigh Road Medical Centre yesterday.

Picture: MICHELLE SMITH

Be friendly to your local doctor, urges peak body

THE AUSTRALIAN Medical Association is asking people to appreciate their local doctors, as well as visit them regularly.

This week is Family Doctor Week, a week aimed at recognising the efforts of doctors for their work in addressing the health of the communities they live in.

Local doctor Ayman

Shenouda said the role of GPs had shifted from purely attending to sick people to prevention of serious illness through checks and testing.

"Such tests can predict future health issues and in a lot of cases this will help prevent problems before they occur, enabling people to enjoy longer, healthier lives," he said.

Dr Shenouda said around 86 per cent of Australians visit their GP at least once a year, the most utilised professionals in the health system. He said GPs provided an important point of contact between people and the health system.

Family Doctor Week finishes on Saturday.